



Stage 5

“We are what we repeatedly do.”

~Aristotle

Student Name: _____

Date: _____

Mailing Address: _____

Phone: _____

Email: _____

Pass/Resubmit: _____

Pass/Resubmit: _____

Pass/Resubmit: _____

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FREESTYLE

Tools: Bareback Pad, Cherokee Bridle

FS1. MOUNT YOUR HORSE.

- Student is able to get on the horse without a struggle.
- Student rocks the horse first to make sure the horse is balanced.
- Holds rein and mane in one hand.
- Horse stands still allowing rider to get on.
- Using help or an aid is allowed: another person, a fence or putting the horse in a ditch, downhill or using a low stump.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FS2. TROT A FIGURE OF 8.

- Horse maintains gait.
- No or little difference between turns and counter turns.
- Very little tension on Cherokee Bridle.
- Horse's mouth is quiet, little or no chewing, doesn't open due to pressure.
- Rider is focused ahead.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FS3. STOP STRAIGHT AND BACK UP FOR 10 FEET.

- Horse slows and stops easily and smoothly.
- Student focus is up and straight ahead.
- Student lifts the Cherokee Bridle upwards for the downward transitions and back up.
- Horse offers a positive reflex, backing straight and without hesitation.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FREESTYLE

CONTINUED

FS4. CANTER FOR 60 SECONDS.

- Horse maintains canter, doesn't break gait.
- Rider asks for the correct lead and horse gives it.
- Rider "cruises", is not continually coaxing horse or preventing him from breaking gait.
- Rider is in harmony with the horse, not bouncing or out of balance.
- Casual rein, does not take up any contact.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FS5. BEND YOUR HORSE TO A STOP AND MAKE AN EMERGENCY DISMOUNT.

- Rider asks for bend gracefully, closing fingers with feel.
- Jumps off to inside of bend once horse slows down or stops.
- Horse does not fight the bend, bends willingly.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FREESTYLE

CONTINUED

(With horse saddled, using horseman's stick, leave reins on horse's neck or over saddle horn.)

FS6. TROT A FIGURE 8.

- Student pushes horse with Horseman's Stick (one or two hands on stick optional) from the outside.
- Focus with eyes and belly button.
- Uses outside leg to push (Stick supports)
- Holds Horseman's Stick on the handle.
- Horse turns without resisting, does not break gait.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

**FS7. CANTER ALONG AN ARENA
FENCE, USE HORSEMAN'S STICK TO
MAKE DOWNWARD TRANSITIONS,
TROT, WALK, BACK UP.**

- Student uses phases well: phase 1 quit riding; phase 2 stretch Horseman's Stick forward to zone 1; phase 3 driving rhythm with Horseman's Stick; phase 4 tapping zone 1 and/or front of shoulders.
- Horse is responsive, yields from pressure.
- Horse backs up willingly.
- Student focusing ahead, using feel and not looking at the horse.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FREESTYLE

CONTINUED

FS8. EASE YOUR HORSE INTO A GALLOP FOR AT LEAST 30 SECONDS.

- Horse speeds up willingly.
- Student is confident and in harmony with the horse, leans forward for centre of balance.
- Maintains gallop without being continually coaxed.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FS9. COME BACK TO THE CANTER TO PROVE YOUR HORSE IS SETTLED.

- Horse takes no more than phase 1 or 2 to come back to a canter.
- Canter is on a loose rein.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FS10. DEMONSTRATE FOUR SIMPLE LEADS ON A STRAIGHT LINE.

- No wider than an 8' alley.
- Head and neck stays relaxed.
- Student shows good focus.
- Horse demonstrates good impulsion.
- Nose pointed in the direction of travel.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FS11. SLOW DOWN TO A NINE STEP BACK UP AND DROP THE REINS ON NECK.

- Horse slows down without resistance.
- Rider's focus is ahead, not looking down.
- Horse stays still after reins are dropped.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FINESSE

Tools: Snaffle Bridle, Saddle, Savvy String

F1. WHILE MOUNTED, UNBRIDLE YOUR HORSE (LEAVING BRIDLE ON FENCE).

- Student brings horse's head to them.
- Horse is helpful, keeps head in lateral flexion.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

F2. PLACE THE SAVVY STRING AROUND YOUR HORSE'S NECK; RIDE BACKWARDS AND TO THE RIGHT AND LEFT.

- Student uses good rein positions (direct and supporting especially).
- Horse backs up, turns, willingly.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

F3. RETURN TO YOUR BRIDLE AND PUT IT BACK ON YOUR HORSE.

- Student brings horse's head to them.
- Horse is helpful, keeps head in lateral flexion.
- Accepts bit willingly.
- Student pushes ears through while lifting headpiece.
- Student is considerate and coordinated with horse's ears.

RESULT:

STAGE 5 PASS

FINESSE

CONTINUED

F4. GO FROM A CASUAL TO CONCENTRATED REIN POSITION AND OBTAIN A SOFT FEEL.

- Focus is straight ahead.
- Uses 7 steps to get to concentrated position.
- Elbows are bent, back erect, fingers closed that are sure and steady for the horse.
- Holds until soft feel is obtained, then releases.
- Hands above and in front of horn.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

F5. STARTING ON A CASUAL REIN SHOW THREE YO-YOS FROM TROT TO BACK UP STRAIGHT BACK TO TROT.

- Casual to concentrated reins are used each time.
- Graceful use of the reins smooth to watch and for the horse to feel.
- Horse backs up willingly, goes forward willingly.
- Back up using the 9 step back up technique back.
- Student focuses straight ahead.
- Straight lines.
- Straight from back up into trot.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FINESSE

CONTINUED

F6. WITH CONCENTRATED REINS, INDIRECT REINS, DIRECT AND SUPPORTING REINS MOVE THE HINDQUARTER THEN THE FOREHAND IN A CONTINUOUS FLOW.

- Student demonstrates correct rein positions for all three positions.
- Rider focuses with eyes, belly button and legs correctly.
- Horse can make the transition from one rein position to the next smoothly.
- Rider shows at least a 180 degree turn of the hindquarter and 180 degrees turn of the forehand.
- Both sides are equal.
- Horse maintains the pivoting feet inside the size of a hula hoop.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

F7. SHOW A FULL ROTATION ON THE HINDQUARTERS USING THE DIRECT AND SUPPORTING REIN, ONE TO THE RIGHT, ONE TO THE LEFT.

- Correct rein positions
- Rider focuses with eyes and belly button.
- Uses outside leg to push horse.
- Horse is pivoting, could maintain hind legs without a hula hoop.
- Both sides are equal.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

FINESSE

CONTINUED

F8. YIELD THE HQ THROUGH 6 CONES.

- Soft feel.
- Zone 1 points out straight past the last cone.
- Moves forwards with confidence and understanding.
- Rider shows appropriate focus.
- HQ crosses between cones first, horse moving sideways.

RESULT:

STAGE 5 PASS PLEASE RESUBMIT

ASSESSMENT GUIDELINES

- Please video the tasks in order and avoid editing.
- Enclose task sheet with your choice of either a DVD or Computer Stick and mail to the office. Please include a stamped self-addressed envelope for return of assessment sheet and video. You may also provide a YouTube submission via email, however, please make sure to include your task sheet as an attachment and email to info@thehorseranch.com.
- Assessment cost is \$3 per taped minute plus GST. Please make cheques payable to: The 2005 Horse Ranch Inc., contact The Horse Ranch directly for Credit Card payment or E-transfer to : glenn@thehorseranch.com

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